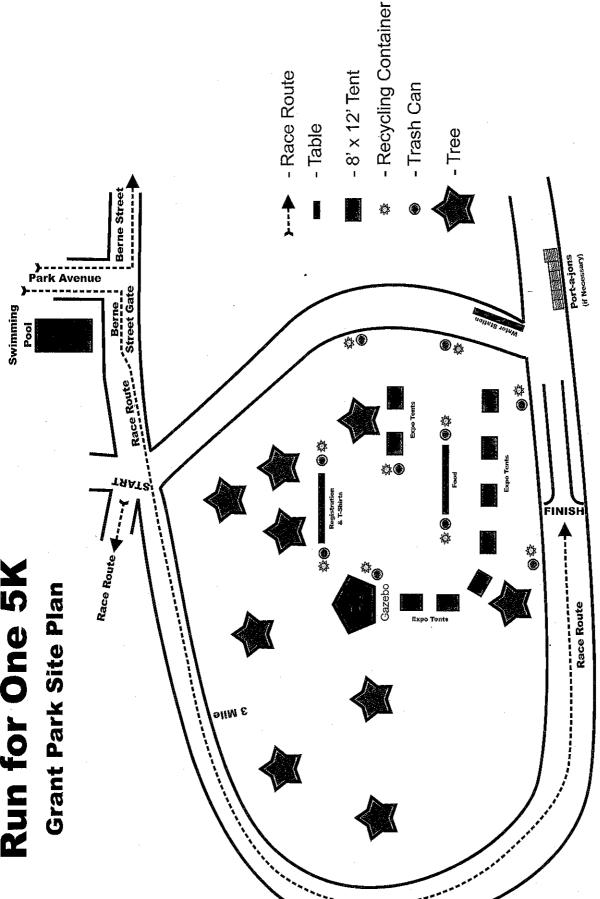
Wellspring Living

## Run for One 5K



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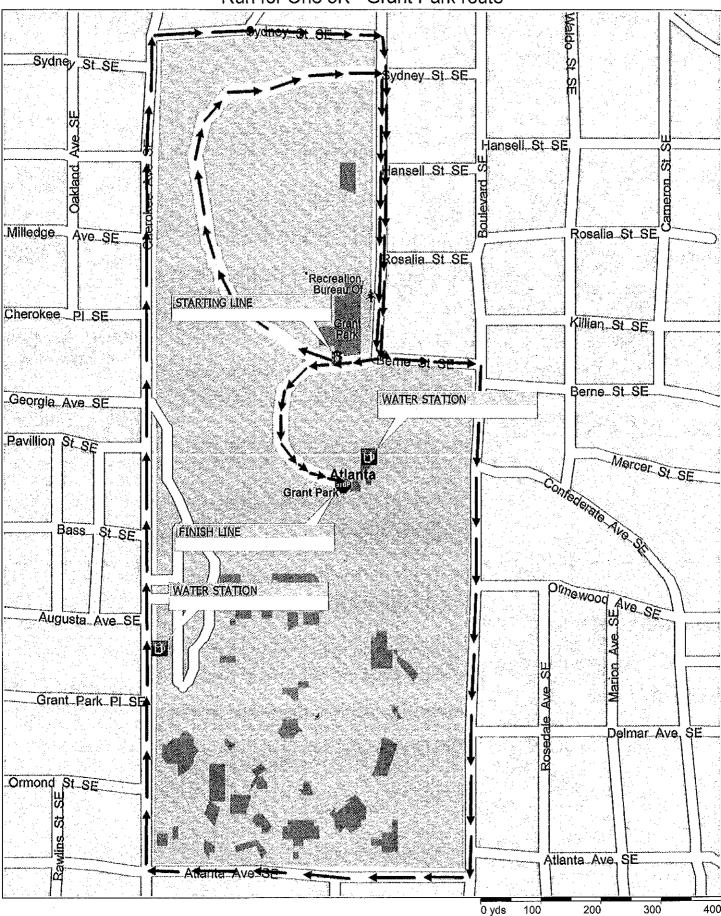
## Wellspring Living Run for One 5K

## **Course Descriptions**

## 5K Course - 8:30am

- Starting line is in Grant Park near the swimming pool, at the 5-way intersection adjacent to the playground.
- ◆ The route proceeds northwest, then north, then east on the road within the park toward the recreation center entrance/exit at Sydney Street.
- ♦ The route turns right on Park Avenue, and proceeds south to Berne Street.
- The route turns left on Berne-Street, and proceeds east to Boulevard.
- The route turns right on Boulevard, and proceeds south to Atlanta Avenue.
- The route turns right on Atlanta Avenue, and proceeds west to Cherokee Avenue.
- The route turns right on Cherokee Avenue, and proceeds north to Sydney Street.
- The route turns right on Sydney Street, and proceeds east to Park Avenue.
- The route turns right on Park Avenue, and proceeds south to Berne Street.
- The route turns right on Berne Street at the swimming pool, and proceeds west back into Grant Park.
- The route proceeds straight at the intersection toward the restrooms and pavilion.
- The finish line is in Grant Park on the road between the Gazebo and the Pavillion.

Run for One 5K - Grant Park route



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